



# Worthington Area YMCA

## 2026 Wilmont Summer Swim Participants Form

\*Participant #1: First \_\_\_\_\_ Last \_\_\_\_\_  M  F  X

\*Birth Date \_\_\_\_/\_\_\_\_/\_\_\_\_

\*Home Address \_\_\_\_\_

\*City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

\*Phone Number \_\_\_\_\_ E-mail Address \_\_\_\_\_

\*Parent/Guardian Name \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_

\*Emergency Contact \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_

\*Required

\*Please circle a stage: **Stage 1** **Stage 2** **Stage 3** **Stage 5**

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Sibling #2:

\*Participant #1: First \_\_\_\_\_ Last \_\_\_\_\_  M  F  X

\*Birth Date \_\_\_\_/\_\_\_\_/\_\_\_\_

\*Home Address \_\_\_\_\_

\*City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

\*Phone Number \_\_\_\_\_ E-mail Address \_\_\_\_\_

\*Parent/Guardian Name \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_

\*Emergency Contact \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_

\*Required

\*Please circle a stage: **Stage 1** **Stage 2** **Stage 3** **Stage 5**

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Sibling #3:

\*Participant #1: First \_\_\_\_\_ Last \_\_\_\_\_  M  F  X

\*Birth Date \_\_\_\_/\_\_\_\_/\_\_\_\_

\*Home Address \_\_\_\_\_

\*City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

\*Phone Number \_\_\_\_\_ E-mail Address \_\_\_\_\_

\*Parent/Guardian Name \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_

\*Emergency Contact \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_

\*Required

\*Please circle a stage: **Stage 1** **Stage 2** **Stage 3** **Stage 5**

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If additional sibling spots are needed, please attach another copy of this form with a note on the second form.

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## What Stage Do I Pick?

Do your best to pick the stage that best describes the students' swimming ability. If the instructors feel the student is better suited for a different level the student can be moved to a different stage during the first few days of class. This is to ensure that all students are able to learn what they need in order to improve their swimming ability.

**Stage 1** – Participant has little to no experience swimming and needs assistance with most skills. Participant cannot float on front or back independently.

**Stage 2** – Participant has moderate experience swimming and is comfortable in the water. The participant can tread water and float for a short amount of time without assistance. Participant struggles moving around in water that they cannot touch in.

**Stage 3** – Participant has a foundational understanding of swimming and performs most survival skills independently (entering and exiting the water, treading, and floating). Participant is ready to start perfecting their swim strokes and swimming short distances without touching the ground.

**Stage 5** – Participant has a foundational understanding of swimming and performs all survival skills independently (entering and exiting the water, treading, and floating). Participant is ready to continue perfecting their swim strokes, learning all 6 swimming strokes and swimming moderate distances without touching the ground and introducing more advanced skills.

## Program Participation Waiver

I understand and agree that the Worthington Area YMCA assumes no responsibility for injuries or illness which I, or my children or children of which I am legal guardian (collectively, "Children"), may sustain as a result of our physical condition or resulting from participation in any trip, class, activity, program, use of facility or use of equipment of the Worthington Area YMCA. I expressly acknowledge on behalf of myself and my heirs as well as on behalf of my Children and their heirs that I assume the risk of all injuries and illness which may result from my and my Children's participation in these activities or our use of equipment or machinery of the Worthington Area YMCA. I hereby release and discharge the Worthington Area YMCA, its directors, officers, agents, servants, employees, and any others acting upon their behalf from any and all responsibility or liability for any injury, illness, death, loss or damage which my Children or I may suffer as a result of participation in these activities or our use of equipment or machinery arising out of or caused by the negligent act or omission of any of those mentioned. I agree to adhere to all policies set by the Worthington Area YMCA.

I give my permission to the Worthington Area YMCA to use photographs, film footage, audio or video tape recordings which may include my, or my Children's, image or voice for purposes of promoting or interpreting YMCA services to the general public.

I have read and understand the Worthington Area YMCA Code of Conduct and policies listed below and agree to abide by them at all times while visiting the Worthington Area YMCA and / or participating in YMCA programs.

**\*\*Parent /Guardian Signature:**

**Date:**

## Worthington Area YMCA Code of Conduct

At the Worthington Area YMCA we expect staff, members, participants and guests to behave in accordance with our mission and values, respecting the rights and dignity of others.

At the YMCA we demonstrate caring, honesty, respect and responsibility by:

- Speaking in respectful tones; refraining from the use of vulgar or derogatory language; and dressing appropriately.
- Resolving conflicts in a respectful, honest and caring manner; never resorting to physical contact or threatening gestures.
- Respecting others by ensuring that an adult is supervising children age 8 and under; taking good care of YMCA equipment; and refraining from intimate behavior in public.
- Creating a safe, caring environment; never possess, use or distribute a weapon; restrict all cell phone use to the lobby and meeting rooms area.
- Participating in programs to build a healthy spirit, mind and body; respecting that all YMCA property is tobacco free; never engaging in the use of illegal drugs on YMCA premises.

## General Use Policies and Restrictions:

- Program participants are restricted to participating only in the program for which they are enrolled. Program participants who wish to use the facility outside of their program must purchase a guest pass or check in using their membership card.
- All guests must have a guest form signed and on file to use the YMCA facility. Minor guests must have this form signed by a parent or legal guardian.
- All guests age 8 and older must have their picture taken and stored on file in the YMCA's database.
- Guests must be 14 years old in order to use the Fitness Center, Track, and Fitness Classes
- All children guests age 7 and younger must be directly accompanied and supervised by an adult or responsible teen at least 14 years old.
- All children guests age 7 and younger who are non-swimmers must be accompanied in the water by an adult or responsible teen at least 14 years old.
- The Family Locker Room is for use by an adult and child(ren) of the opposite gender and persons with disabilities. All others may use the Men's or Women's Locker Rooms.