



LSS MEALS IS OFFERING HEALTHY MEALS AT A POP-UP EVENT IN RUSHMORE



Who is Eligible?

Any older adult 60 years or older in need of healthy meals can pick up a bundle of 10 meals at each pop-up event on a first come, first serve basis.

A quick, easy form is required and can be completed when you pick up your meals. A proxy can pick up your meals and complete your form for you.

About the Meals

The homestyle meals are planned by our on-staff dietician, produced at local LSS kitchens, are individually sealed and portioned, and then frozen for convenience of eating when you want.

COVID-19 Friendly

LSS Meals, a service of Lutheran Social Service of Minnesota, will provide meals using proper masks and gloves and follow state social distancing guidelines.

LSS Meals are made possible in part under the Federal Older Americans Act through an award from the Minnesota River Area Agency on Aging® Inc. under an Area plan approved by the Minnesota Board on Aging. LSS Meals in Nobles County is supported in part by the United Way of Nobles County.

DATE: Last Tuesdays
SEPT 28, OCT 26,
NOV 30, DEC 28

TIME: 1-2 pm

WHO: Older adults
ages 60 and older, up
to 30 people total
First Come, First Served

LOCATION:
Rushmore School/
Community Center

THERE IS NO COST
DONATIONS AND SNAP
BENEFITS ARE ACCEPTED

A ONE-PAGE REGISTRATION
FORM AT TIME OF PICK UP
IS REQUIRED

LSS MEALS
MORE THAN JUST A MEAL

REGIONAL CONTACT INFO:

Sarah Anderson

866.974.0283